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Functional Outcomes of Sleep Questionnaire (FOSQ)

Availability:	<p>Use with permission from developer:</p> <p>Dr. Terri E. Weaver, College of Nursing, University of Illinois at Chicago, 845 South Damen Avenue (M/C 802), Chicago, IL 60612, Email: teweaver@uic.edu</p> <p>Functional Outcomes of Sleep Questionnaire Instrument Link</p> <p>Source: American Thoracic Society Functional Outcomes Sleep Questionnaire</p>
Classification:	<p>Exploratory: Spinal Cord Injury (SCI)</p> <p>*Not recommended for SCI-Pediatric</p>
Short Description of Instrument:	<p>Disease specific quality of life questionnaire to determine functional status in adults; measures are designed to assess the impact of disorders of excessive sleepiness on multiple activities of everyday living and the extent to which these abilities are improved by effective treatment.</p> <p>Number of items: 30</p> <p>Number of domains and categories: 5 factor subscales</p> <p>Name of domains and categories: Activity level, vigilance, intimacy and sexual relationships, general productivity, social outcome, rate the difficulty of performing a given activity on a 4-point scale (no difficulty to extreme difficulty)</p> <p>Limitations: Long questionnaire; a shorter version, FOSQ 10 is also available.</p> <p>SCI-Pediatric specific: Not appropriate in current form for child report.</p>
Scoring:	<p>Scaling of items: 0–4 or 0–6</p> <p>Permission required, no cost</p> <p>Scoring test-retest reliability: Yes, total scale: alpha = 0.95</p> <p>Scoring internal consistency: Yes, total scale: r = 0.90</p> <p>Validity: Yes, concurrent validity using SIP and the SF36; discriminant validity present</p>
References:	<p>Weaver, T. E., Laizner, A. M., Evans, L. K., Maislin, G., Chugh, D. K., Lyon, K., . . . Dinges, D. F. (1997). An instrument to measure functional status outcomes for disorders of excessive sleepiness. <i>Sleep</i>, 20(10), 835–843.</p>